

About the authors

Professor Ritsa Fotinatos-Ventouratos obtained her Doctorate Degree in Organizational Psychology from UMIST (University of Manchester Institute of Science & Technology), UK. Her areas of research lie in the field of psychological wellbeing at work, occupational stress, gender differences, as well as investigating the social impact on the changing and diverse nature of the world of work. As a professor employed at DEREE College, The American College of Greece, she has been lecturing at this university for over 15 years in the areas of Industrial and Social Psychology. In addition to presenting her research at international congresses and publishing in the domains of work psychology, she serves as a member of the British Psychological Society, International Relations Committee, for the Division of Occupational Psychology.

Professor Sir Cary L. Cooper CBE is Distinguished Professor of Organizational Psychology and Health, and Pro Vice Chancellor at Lancaster University, UK. He is the author/editor of over 120 books (on occupational stress, women at work and industrial and organizational psychology). He was the lead scientist on the UK government's Foresight programme on Mental Capital and Wellbeing, and is a frequent contributor to national newspapers, TV and radio. In 2001, Professor Cooper was awarded a CBE in the Queen's Birthday Honours List for his contribution to occupational safety and health, and in 2007 he was awarded a Lifetime Achievement Award from the Division of Occupational Psychology of the British Psychological Society. He has been an adviser to two United Nations agencies, the World Health Organization and the ILO, and was a special adviser to the Defence Committee of the House of Commons on the Duty of Care enquiry (2004–05). *HR Magazine* named him the second Most Influential UK Thinker in 2013. In 2014 he was awarded a knighthood in the Queen's Birthday Honours List for services to Social Sciences in the context that he has been Chair of the Academy of Social Sciences for a number of years.