

# Dedication

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This book would not be complete if I did not write a few words to the people who supported me throughout this long journey of writing the book. First and foremost to my husband George, who gave me constant encouragement, love and emotional support to see this lifetime achievement met. To my dear children, who for a very long time did not understand what I was doing, and just had the great patience to watch Mum keep writing during weekends, holidays and many early hours of the morning. My dedication also goes to my wonderful Mum, for always listening to me and providing me with an abundance of love and comfort.

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Professor Ritsa Fotinatos-Ventouratos

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Professor Sir Cary L. Cooper CBE

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Professor Ritsa Fotinatos-Ventouratos